

DARTMOUTH DERMATOLOGY ASSOCIATES
TELEPHONE 508-998-1994 FAX 508-998-5781

Pre-Op Instructions

1. Let your Dermatologist know if you are currently taking:
Coumadin, Pradaxa, Plavix, Aspirin, Fish Oil

DO NOT STOP! The office just needs to be aware.

2. Please also inform the office if you:
 - Are on medications for arthritis
 - Take antibiotics prior to dental procedures
 - Have a heart murmur
 - Have a pacemaker
 - Have had cardiac bypass surgery or a stroke with in the past 6 months
 - Have artificial joint(s) i.e. knee or hip replacement
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3. Other than the medications listed above and on the reverse, continue all other medications as you normally would prior to surgery.
4. Most people drive home following surgery. However, you may wish to have someone with you to drive home.
5. Three days prior to surgery, please begin to gently clean the area daily with an antibacterial soap, such as Dial or lever 2000.
6. ***Shave the area*** the night before, leaving enough area for bandage following the surgery. If this is a scalp surgery, disregard.
7. Call ASAP if you need to cancel your appointment, **508-998-1994**.
If after hours leave a message with the answering service.

Revised 08/22/2017

MEDICATIONS THAT PREVENT BLOOD FROM CLOTTING

The following medications can “thin the blood” by inhibiting your body’s ability to form a clot and could increase your risk of bleeding during and after your surgical procedure. This may also increase your risk of wound infection.

Tylenol- Regular or Extra Strength - **DOES NOT** inhibit your body to form a blood clot and may be taken as needed before and after surgery.

Medications *to Avoid for 10-14 days BEFORE your surgery.*

Aspirin- Do not stop if you have a STENT , A Fib , or history of a stroke or cardiac event
Ecotrin
Excedrin
Vitamin E
Fish Oil
Darvon

Avoid these medications 4-10 days prior to your surgery.

Advil	Celebrex
Motrin	Naprosyn
Ibuprofen	Naproxen Sodium

Revised 08/22/2017